

Contact Information, Location and Hours

Email: settlement@7oaks.org

Office Hours and Contact Number:

Seven Oaks Immigrant Services 930 Jefferson Ave Monday to Friday 9:00 am - 5:00 pm (204) 697–5967

Seven Oaks Adult Learning Center 950 Jefferson Ave Monday to Thursday 5:00 pm - 8:00 pm (204) 632– 1716

### Winter Break

930 and 950
Jefferson Avenue
are closed from
December 23, 2016
at 12pm





# **NEWSLETTER**

Seven Oaks Immigrant Services

Winter Edition 2017

#### **Counselling for Immigrant Women**



Wednesdays
January 18 and 25, 2017
February 1 and 8, 2017
10am—12pm
930 Jefferson Avenue

For appointment, please contact Rowena @ (204) 697-5967 or email nisw2@7oaks.org.
Walk-ins are accepted.

# Pad's Program "Father Figures Matter"

Mondays, 6:00—7:30pm January 16, 23, 30 and February 6, 13, 2017 RF Morrison School, 25 Morrison Street

Target Participants: Fathers or in the father role like uncle, stepfather, grandfather, foster dad

What to learn: sharing strategies for engaging your children in free play from ages 2.5 to; cook, build, and create with your children; develop stronger relationship with your child; and, connect with other father figures.

FREE.

Space is limited to 15 families. To register please email veronica.thiffeault@7oaks.org or cheryl.raifur@7oaks.org

Registration deadline: January 11, 2017

## Immigrant Women's Group @ Amber Trails

Thursdays, 6:00—8:00 pm February 2. 9, 16, 23 March 2, 9 To register, please call (204) 697-5967 or email nisw2@7oaks.org.

6 weeks sessions include: stress and anger management, healthy relationships, and dealing with family violence Activities: painting, arts and crafts, sharing circle, tracing family tree, yoga, Bali or Zumba

Free child care and healthy snacks available.
Please register for child care space.

#### **FREE Public Skating**

for kids and grown ups. . .

#### **Billy Mosienko**

(709 Keewatin St.) January 5—March 9, 2017 Thursdays, 5:30—6:30pm

January 8—March 12, 2017 Sundays, 3:30—4:30pm

#### **Pioneer**

(799 Logan Avenue) January 7—March 18, 2017 Saturday, 12:30—1:30pm

#### **Sargent Park**

(1111 Wall Street) January 8—March 12, 2017 Sundays, 12:00—1:00pm

(Source: www.winnipeg.ca)

#### Free Swimming

(Effective January 8, - March 20, 2017)

Seven Oaks (444 Adsum)

Wednesday: 2:30—3:30 pm

Friday: 6:30—9:00 pm "youth swim\*

Cindy Klassen Recreation Facility (999 Sargent)

Saturday: 5—6:30 pm

7—9:45 pm \*youth swim\*

North Centennial Recreation Facility (90 Sinclair St. @ Dufferin) Friday: 7 - 9 pm \*youth swim\* Saturday: 7—9 pm \*youth swim\*

(Source: www.winnipeg.ca)



Immigration, Refugees and Citizenship Canada

Immigration, Réfugiés et Citoyenneté Canada

# Maples Youth Activity Centre (MYAC)

FREE drop-in program for youth with ages 9 to 17. It offers open gym for sports, arts, and crafts, cooking workshops and more.

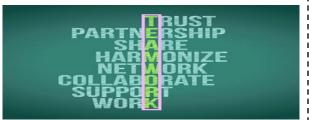
No registration required, come for some community fun!

Open Gym—Winter Hours:

Mondays and Wednesdays- 6:00-9:00 p.m. James Nisbet School (70 Doubleday Drive)

Thursdays and Fridays— 6:00-9:00 p.m. Arthur E. Wright Community School (1520 Jefferson Avenue)

For more information call MYAC Hotline @ 204-471-6922 or email myac@mts.net



# Kildonan Youth Activity Centre (KYAC)

KYAC provides leisure activities that are focused on healthy, active living and the arts to participants 8-17 years of age.

Winter Break Drop-in Gym Hours at 800 Salter Street from 11:00 am—3:30 pm.

December 28, 29, 2016 and January 3, 4, 5, 6, 2017

FREE organized games, crafts, sports and movies.

For inquiries, contact: (204) 470-9460 Email: amy.wilson@7oaks.org

Do you want to improve your skills at NO COST?

## **English Conversation Class**

Who could join: Immigrants
When: February 15- March 29, 2017

\*Wednesdays: 6:00 - 7:30 PM Where: 930 Jefferson Avenue

To register:

Please call 204-697-5967 or Email nisw1@7oaks.org

#### Settlement Team

Settlement Workers
Jose Chinchilla
Rowena Hernandez
Ernesto Ofiaza Jr.
Anna Glibka
Ibrahim Mohammed
Raghad Alsayd

<u>Secretary</u> Judy Tyndall

ESL Coordinator Slavo Federkevic

Program Manager Jana Mckee

> Director Fran Taylor

## **New Settlement Workers / Arabic Interpreters**



Ibrahim Mohammed



Raghad Alsayd

"Successful settlement takes all of us!"